

BRAKELEY PARK CENTER #55103 (HSG)

Week-At-A-Glance

hcs1northern2021 Week 1

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Breakfast:Regular						
Scrambled Eggs Blueberry Muffin - Margarine	French Toast - Margarine - Syrup Sausage Patty	Scrambled Eggs w/Cheese Biscuit - Margarine - Jelly	Egg & Hashbrown Bake Toast - Margarine - Jelly	Buttermilk Pancakes - Margarine - Syrup Bacon	Scrambled Eggs Peach Streusel Coffee Cake - Margarine	Baked Cheese Omelet Breakfast Ham Toast - Margarine - Jelly
Lunch:Regular						
Fried Chicken Tuna Salad Sandwich - Lettuce & Tomato Calico Coleslaw Marinated Cucumber & Onion Salad Ranch Style Potato Wedges Garden Pasta Salad Cornbread - Margarine Peach Pie w/Crumb Topping	Hawaiian Baked Ham Herbed Chicken Breast Sauteed Spinach w/Garlic Capri Vegetable Blend Whipped Sweet Potatoes Parsley Noodles Dinner Roll/Bread - Margarine Pineapple Tidbits	Baked Ziti w/Meatsauce Parsley Pork Chop Tossed Salad w/Dressing Sliced Carrots Mashed Potatoes Garlic Breadstick Strawberry Shortcake	BBQ Pork on a Bun Salisbury Steak - Brown Gravy Zucchini & Onions Braised Cabbage Tater Tots - Ketchup Herbed Rice Dinner Roll/Bread - Margarine Tropical Fruit Salad	Chicken Salad Sandwich on Croissant - Lettuce & Tomato Thin Crust Cheese Pizza Marinated Cucumber & Tomato Salad Tossed Salad Garden Pasta Salad Breadstick - Margarine Seedless Watermelon Cubes	Shrimp Scampi Chicken Tenders - Honey Mustard Broccoli Florets Sliced Carrots Spaghetti Noodles Mashed Potatoes Garlic Bread Chocolate Ice Cream	Chicken Pasta Primavera Hamburger on a Bun - Lettuce & Tomato - Ketchup - Pickle Spear Caesar Salad Green Pea Salad French Fries - Ketchup Parmesan Breadstick Blondie

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Dinner:Regular						
Swedish Meatballs Smothered Turkey Patty Green Peas Sliced Carrots Buttered Noodles Buttered Rice Dinner Roll/Bread - Margarine Deluxe Fruit Salad	Turkey Sandwich - Lettuce & Tomato - Mayonnaise Grilled Cheese Sandwich Broccoli Salad Marinated Green Bean Salad Creamy Dill Macaroni Salad Potato Chips Savory Summer Soup - Saltine Crackers Lemon Cake w/Icing	Honey Dijon Chicken Thigh Herb & Lemon Fish Fillet Sauteed Asparagus Cuts Country Vegetable Blend Rice Pilaf Potato Wedges - Ketchup Rosemary Dinner Roll - Margarine Summer Fresh Fruit Cup	Breaded Pollock Fish Fillet - Tartar Sauce Sweet & Sour Meatballs Peas & Carrots Seasoned Spinach Baked Potato - Margarine - Sour Cream Egg Noodles Dinner Roll/Bread - Margarine Tuxedo Cheesecake Bar	Beef Pepper Steak w/Gravy. Rancher's Pork Chop Roasted Green Beans Squash Medley Garlic Mashed Potatoes Yellow Rice Dinner Roll/Bread - Margarine Peanut Butter Cookie	Turkey Burger on a Bun - Lettuce & Tomato - Pickle Spear - Mayonnaise Hamburger Steak w/Grilled Onions - Brown Gravy Confetti Coleslaw Seasoned Whole Kernel Corn (veg) Potato Wedges - Ketchup Buttered Rice Dinner Roll/Bread - Margarine Fruit Cocktail	Kielbasa Sausage Cheese Quiche Seasoned Cabbage Capri Vegetable Blend Oven Brownd Potatoes Dinner Roll/Bread - Margarine Mandarin Oranges

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
Breakfast:Regular						
French Toast - Margarine - Syrup Bacon	Scrambled Eggs Glazed Cinnamon Roll	Biscuit - Sausage Gravy Hashbrown	Scrambled Eggs Breakfast Ham English Muffin - Margarine - Jelly	Baked Cheese Omelet Toast - Margarine - Jelly	Western Scrambled Eggs Toast - Margarine - Jelly	Buttermilk Pancakes - Margarine - Syrup Sausage Patty
Lunch:Regular						
Roast Beef Au Jus Rotisserie Chicken Thigh Sauteed Spinach Seasoned Zucchini Garlic & Rosemary Roasted Red Skin Potatoes Buttered Rice Dinner Roll/Bread - Margarine Apple Crisp	Chicken Parmesan w/ - Spaghetti Noodles Breaded Pollock Fish Fillet - Tartar Sauce Tossed Salad w/Dressing Green Peas Tater Tots - Ketchup Garlic Breadstick Chocolate Chip Cake w/White Frosting	Garlic Herbed Pork Loin Rosemary Chicken Breast Broccoli Florets Seasoned Spinach Oven Browned Potatoes Parmesan Noodles Dinner Roll/Bread - Margarine Peach Shortcake	Homestyle Meatloaf w/Ketchup Glaze Garlic Baked Pork Chop Buttered Green Peas Sliced Carrots Au Gratin Potatoes Rice Pilaf Poppy Seed Dinner Roll - Margarine Orange Sherbet	Hot Dog on a Bun - Baked Beans - Mustard Hamburger on a Bun - Lettuce & Tomato - Ketchup - Pickle Spear Confetti Coleslaw Broccoli Salad French Fries - Ketchup Strawberries & Banana	Mediterranean Baked Fish Fillet Grilled Cheese Sandwich Sauteed Asparagus Cuts Squash Medley Rice Pilaf Tater Tots - Ketchup Dinner Roll/Bread - Margarine Summer Fresh Fruit Cup	Sweet Garlic Chicken Breast Glazed Baked Pork Chop Sugar Snap Peas Sliced Carrots Stir Fried Noodles Mashed Potatoes Dinner Roll/Bread - Margarine Sugar Cookie
Dinner:Regular						
Tuna Salad Sandwich on Croissant - Lettuce & Tomato Ham Sandwich - Lettuce & Tomato - Mayonnaise Calico Coleslaw Creamy Cucumber & Onion Salad Garden Pasta Salad Potato Chips S'more Pudding Parfait	Swiss Steak w/Gravy Baked Macaroni & Cheese Seasoned Whole Kernel Corn (veg) Baked Tomato Halves Herbed Mashed Potatoes Dinner Roll/Bread - Margarine Seedless Watermelon Cubes	Thin Crust Cheese Pizza Smothered Turkey Patty Parmesan Baked Zucchini Country Vegetable Blend Mashed Potatoes Italian Herbed Dinner Roll - Margarine Chilled Pears	Honey Glazed Turkey. - Poultry Gravy Herb Baked Fish Fillet Herbed Green Beans Whole Kernel Corn (veg) Baked Sweet Potatoes Buttered Noodles Dinner Roll/Bread - Margarine Fruit Cocktail	Marinated Chicken Thigh Cheese Quiche Honey Roasted Carrots Creamy Cucumber & Onion Salad Herbed Noodles Dinner Roll/Bread - Margarine Black Forest Cake	Baked Ziti w/Cheese Italian Sausage Caesar Salad Sauteed Spinach w/Garlic Herbed Potato Wedges Garlic Bread Butterscotch Pudding	Philly Cheesesteak Sandwich - Sauteed Peppers & Onions. Breaded Chicken on a Bun - Mayonnaise - Lettuce & Tomato Tossed Salad w/Dressing Marinated Cucumber & Tomato Salad French Fries - Ketchup Macaroni Salad Chilled Peach Parfait

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
Breakfast:Regular						
Scrambled Eggs Blueberry Muffin - Margarine	French Toast - Margarine - Syrup Sausage Patty	Scrambled Eggs w/Cheese Biscuit - Margarine - Jelly	Buttermilk Pancakes - Margarine - Syrup Bacon	Egg & Hashbrown Bake Toast - Margarine - Jelly	Scrambled Eggs Peach Streusel Coffee Cake - Margarine	Baked Cheese Omelet Sausage Patty Toast - Margarine - Jelly
Lunch:Regular						
Cheese Ravioli w/Marinara Sauce Thyme Baked Chicken Thigh Caesar Salad Roasted Green Beans Buttered Rice Garlic Breadstick Vanilla Ice Cream	Roast Turkey - Poultry Gravy Rancher's Pork Chop Sliced Glazed Carrots Green Peas Mashed Potatoes - Poultry Gravy Parsley Noodles Dinner Roll/Bread - Margarine Marble Cake w/White Frosting	Honey Glazed Sliced Ham Salisbury Steak - Brown Gravy Spinach Au Gratin Whole Kernel Corn (veg) Baked Sweet Potatoes Parmesan Noodles Dinner Roll/Bread - Margarine Summer Fresh Fruit Cup	Egg Salad Sandwich on Croissant - Lettuce & Tomato Turkey Salad Sandwich - Lettuce & Tomato Tomato Basil Salad Marinated Cucumber & Onion Salad Creamy Dill Macaroni Salad Potato Chips Snickerdoodle Cookie	Beef Pepper Steak w/Gravy Lemon Pepper Chicken Breast Buttered Green Peas Seasoned Spinach Mashed Potatoes Buttered Noodles Dinner Roll/Bread - Margarine Chilled Pear Parfait	Shrimp Alfredo w/ - Spaghetti Noodles Parsley Pork Chop Steamed Asparagus Cuts Sliced Parsley Carrots Roasted Red Skin Potatoes Garlic Bread Cherry Crisp	Fried Chicken Smothered Turkey Patty Buttered Whole Kernel Corn (veg) Broccoli Florets Garlic Potato Wedges Egg Noodles Dinner Roll/Bread - Margarine Pineapple Tidbits
Dinner:Regular						
Kielbasa Sausage Chicken Tenders - Honey Mustard Braised Cabbage Whole Kernel Corn (veg) Garlic Roasted Red Skin Potatoes Herbed Noodles Dinner Roll/Bread - Margarine Apple Crisp	Cheeseburger on a Bun - Lettuce & Tomato - Ketchup - Pickle Spear Breaded Pollock Fish Fillet on a Bun - Tartar Sauce Confetti Coleslaw Squash Medley Tater Tots - Ketchup Buttered Noodles Tropical Fruit Salad	Cornflake Chicken Breast Thin Crust Cheese Pizza Capri Vegetable Blend Tossed Salad w/Dressing Rice Pilaf Parsley Dinner Roll - Margarine Double Chocolate Brownie	BBQ Pork Platter Marinated Chicken Thigh Zucchini & Onions Green Beans Baked Beans Seasoned Rice Cornbread - Margarine Mandarin Oranges	Butter Crumb Fish Fillet Cheese Ravioli w/Marinara Sauce Broccoli Florets Capri Vegetable Blend Cheesy Rice Dinner Roll/Bread - Margarine Lemon Cake w/Icing	Grilled Turkey & Cheese Sandwich Hamburger Steak w/Grilled Onions - Brown Gravy Creamy Cucumber & Onion Salad Country Vegetable Blend French Fries - Ketchup Buttered Rice Corn Chowder Soup - Saltine Crackers Seedless Watermelon Cubes	Meatballs w/Marinara Sauce - Marinara Sauce (oz) - Spaghetti Noodles Cheese Quiche Parmesan Baked Zucchini Seasoned Green Beans Breadstick - Margarine Chocolate Cream Pie

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Breakfast:Regular						
Scrambled Eggs Glazed Cinnamon Roll	French Toast - Margarine - Syrup Bacon	Biscuit - Sausage Gravy Hashbrown	Baked Cheese Omelet Toast - Margarine - Jelly	Scrambled Eggs Breakfast Ham English Muffin - Margarine - Jelly	Western Scrambled Eggs Toast - Margarine - Jelly	Buttermilk Pancakes - Margarine - Syrup Sausage Patty
Lunch:Regular						
Rosemary Pork Loin Lemon Pepper Fish Fillet Sauteed Spinach w/Garlic Capri Vegetable Blend Scalloped Potatoes Parsley Rice Dinner Roll/Bread - Margarine Pear Crisp	Homestyle Meatloaf w/Ketchup Glaze Thyme Chicken Breast Honey Roasted Carrots Sauteed Green Beans Duchess Mashed Potatoes Herbed Noodles Herbed Dinner Roll - Margarine Spiced Apple	Marinated Chicken Thigh Meatballs w/Gravy Squash Medley Capri Vegetable Blend Parmesan Noodles Mashed Potatoes Dinner Roll/Bread - Margarine Butterscotch Pudding Parfait	Italian Sausage Smothered Turkey Patty Broccoli Florets Buttered Whole Kernel Corn (veg) Garlic & Rosemary Roasted Red Skin Potatoes Buttered Noodles Parsley Dinner Roll - Margarine Lemon Bar	Lasagna w/Meatsauce Egg Salad Sandwich - Lettuce & Tomato Caesar Salad Creamy Cucumber & Onion Salad Potato Chips Garlic Breadstick Double Chocolate Brownie	Breaded Pollock Fish Fillet - Tartar Sauce BBQ Chicken Thigh Country Vegetable Blend Seasoned Spinach Au Gratin Potatoes Yellow Rice Dinner Roll/Bread - Margarine Sour Cream Orange Cake	Turkey Divan w/Broccoli Cheese Quiche Seasoned Green Beans Tomato Basil Salad Steamed Rice Poppy Seed Dinner Roll - Margarine Seedless Watermelon Cubes
Dinner:Regular						
Chicken Tenders - Honey Mustard Hamburger Steak w/Grilled Onions - Brown Gravy Tossed Salad w/Dressing Whole Kernel Corn (veg) French Fries - Ketchup Buttered Noodles Dinner Roll/Bread - Margarine Vanilla Ice Cream	Citrus Glazed Turkey - Poultry Gravy BBQ Pork Chop Steamed Broccoli Florets w/Lemon Country Vegetable Blend Rice Pilaf Baked Sweet Potatoes Dinner Roll/Bread - Margarine Cherry Cheesecake Bar	Ham & Swiss Sandwich on Wheat - Lettuce & Tomato - Mayonnaise Tuna Salad Sandwich - Lettuce & Tomato Green Pea Salad Marinated Tomato & Onion Salad Potato Chips Macaroni Salad Summer Fresh Fruit Cup	Cornflake Crusted Fish Fillet Thin Crust Cheese Pizza Baked Tomato Halves Roasted Zucchini Macaroni & Cheese Dinner Roll/Bread - Margarine Chilled Peach Parfait	Rancher's Chicken Breast Garlic Baked Pork Chop Sugar Snap Peas Capri Vegetable Blend Baked Potato - Margarine - Sour Cream Egg Noodles Dinner Roll/Bread - Margarine Tropical Fruit Salad	Hot Dog on a Bun - Baked Beans - Mustard Baked Macaroni & Cheese Confetti Coleslaw Tossed Salad w/Dressing Chilled Pears	Cheeseburger on a Bun - Lettuce & Tomato - Ketchup - Pickle Spear Breaded Chicken on a Bun - Mayonnaise - Lettuce & Tomato Marinated Cucumber & Tomato Salad Sauteed Zucchini Tater Tots - Ketchup Garden Pasta Salad Chocolate Chip Cookie